

Popeye 37th Annual 5K Run/Competitive 5K Walk/1.5 Fun Run

5K Competitive Walk back by popular demand

*** Chip Timing by River to River Runners ***

**Saturday, September 10, 2016 - 8 AM
in Chester, Illinois**

Located 40 miles NW of Carbondale & 60 miles S of St. Louis

**Free
Pizza / Drink**

**Packet pick up and registration 6:45 - 7:45AM
Buena Vista Bank parking lot-Corner of RT. 3 and
Swanwick Street**

Registration:

**Pre-registration fee \$18.00 per participant
ALL ENTRIES AFTER September 2 WILL BE \$20.00
(Race day registration will be accepted)**

Categories for 5K Run (Men & Women)

**14 years and younger, 15-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and older.**

Categories for 5K Walk (Men & Women)

**24 years and younger, 25-35, 36-45, 46-55, 56-69, 70 and
older**



Awards: 5K Run: Given to the top five males and females (including OVERALL Male & Female) in each category and the Top 3 finishers in each category.

**Awards: 5K Walk: Given to the Overall Male, Female, Top 3 finishers in each age group.
PROCEEDS HELP SUPPORT CHESTER SCHOOLS' TRACK & CROSS COUNTRY PROGRAMS**

Contact: Bob Platt (618-826-2827), Bob Koenegstein (618-826-5264)

Popeye Picnic Website: www.popeyepicnic.com

www.popeyerace.blogspot.com

One Application Per Registration Form

**Checks Payable to: Chester Running Club, 5 Greenbriar Lane, Chester, IL
62233**

Name: _____

Address: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

Age: (on race day) _____ **EMAIL:** _____

Circle: Male Female

Circle One: 5K Run 5K Walk 1.5 Fun Run

Circle T-Shirt: Youth: 6-8 10-12 14-16 Adult: S M L XL 2XL

*** Registration MUST be received by September 2nd to guarantee shirt & size**

I hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against the City of Chester, Chester Running Club, Popeye's Picnic Committee, all co-sponsors, contributors and their agents for any injuries suffered by me during this event. I attest and verify that I am physically fit to compete in this event.

Signature (All Participants MUST Sign)

Parent's Signature